

VIP Invitational Programs

VIP Gymsports is proud to offer a wide variety of advanced, Performance based, and competitive programs and we invite you to join us for a tryout to determine which program best suits you and your child for our 2021/2022 season! If submitted by August 5th 2021 your athlete will be invited to our gym in august free of charge for testing and placement.

ATHLETE INFORMATION

Last Name: _____ First Name: _____ Middle Initial: _____

Birth Date (yyyy-mm-dd): _____ Age: _____ Sex (M/F) _____

Address: _____ Apt #: _____

City: _____ Province: _____ Postal Code: _____

Cell Phone: _____ Home Phone: _____

BC Medical # _____ Medical Conditions/allergies _____

E-mail address(es) for Communications: _____

PARENT/GUARDIAN INFORMATION

Contact 1:

Last Name: _____ First Name: _____

Cell #: _____ Work #: _____ Home #: _____

Relationship: _____

GYMNASTICS HISTORY/COMMITMENT

Briefly describe your child's history in the sport (if applicable): _____

Please indicate what your ideal time commitment would look like for a ten month program (sept-june)

2-4hrs/week	4-6hrs/week	6-12hrs/week	12-18hrs/week	18+hrs/week
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There are four types of programs you may be invited to upon assessment:

SuperStars / Gymstars - These advanced recreational programs are for athletes who are more committed to the sport than those in our rec classes. Their classes are longer than regular rec classes and they will eventually be working on more advanced skills. Additionally these athletes will be invited to our inhouse testing days for awards and prizes!

Interclub (Tramp / Gymnastics) - Interclub athletes will train a minimum of two days per week perfecting skills and routines. They will also attend a minimum of one sanctioned event in which they will showcase their routines on all four events. The program is performance-centered and focuses on the opportunity for gymnasts to perform and take pride in personal achievement without skill restrictions.

Developmental - These young athletes show great physical strength and ability they will train a minimum of two day per week developing and perfecting skills and routines preparing them for success in any sport. They will participate in our inhouse testing days as well as attend a minimum of one interclub competition. (This program will take the place of JO compulsory levels to create a more rounded athlete, although participation in this program does not guarantee placement in competitive later on)

Highschool / Excel - Our highschool and excel groups will consist of athletes 10+ and will train at least three days per week. They will be mastering skills and routines to compete in Excel competitions in the spring. Excel is a program in which the athlete is judged and ranked on their performance in competition however there is more routine flexibility than in the JO program.

JO Program - The JO (Junior Olympic) program will train a minimum of three to a maximum of five days per week and will compete in multiple competitions in the spring. Athletes will challenge themselves to master the skills required in levels 6-10 in order to move up.

Competitive Trampoline Gymnastics- Trampoline gymnastics is comprised of 4 events. Individual trampoline, synchronized trampoline, double mini trampoline and tumbling. Athletes in this program can compete on one or all 4 events at different levels. These athletes will compete at sanctioned events in which they will be ranked according to their performance and level.

Although athletes will be invited to a program primarily based on their skills level we would love to have your input about what program your would like your child to be in. (list program title below)

_____ (please keep in mind that this is not guaranteed)

If your child has been accepted to an invitational program at another gym **or** has trained with Halie Kachmar or Megan Conway in the past and feels placement can be made without a tryout please explain

If you have any other questions or concerns please let us know!

Thank you for your pre-registration, and we can't wait to share our new gym with you!

